

A New Suicide Prevention Strategy for Scotland



Scottish Government
Riaghaltas na h-Alba
gov.scot

ONLINE ENGAGEMENT



March 2022

BUILDING ON WHAT PEOPLE HAVE TOLD US

To help us develop Scotland's new Suicide Prevention Strategy we are taking a multi-stage approach to engagement as a way to ensure stakeholders, partners, communities and people with lived experience of suicide, have their views heard in a meaningful way - and critically, to inform each stage of development.

To date we have held extensive early engagement with individuals, groups, communities and organisations across the country. We asked for views and ideas about what people thought was working well and what they would like to change. The response levels were extremely high which has given us rich data to help us develop the next stage of engagement.

We are now asking you, as a key stakeholder, to support us to identify and explore what might feature in the new strategy and action plan, and to test ideas and themes which have been pulled out of our early engagement.

PROMOTING SUICIDE PREVENTION, PREVENTING SUICIDE, PROVIDING SUPPORT

This is the focus of our next stage of engagement. We want to use these three areas to further explore specific topics and subjects that sit beneath them, including:



- Raising awareness including language
- Reducing stigma including media reporting
- Delivering education/training/learning opportunities

- Building community capacity: geographic & equalities groups
- System-wide early intervention support
- Developing self-management approaches?
- Enabling recovery
- Continuous learning and adaptive planning 'getting implementation right'

- Anticipating crisis – risk and safety planning
- Ensuring effective, compassionate distress & crisis responses, and through care
- Timely and effective postvention support

To aid discussions we will think about the outcomes we want to achieve and explore what actions we should be taking to help us achieve those outcomes. Using scenarios as a framework for discussions, we will ask you to be as innovative and ambitious as possible in your thinking to help us create robust actions that reach beyond the responsibilities of our health service, to help prevent suicide in Scotland.

Each event will focus on a different life stage; Children & Young People, Adults, Older Adults in recognition that this reflects how many organisations are structured.

WHAT YOU NEED TO DO NOW

You can book onto an online session using the links in the table below – you can attend any that you think are relevant.

In advance of all events we will email you with further details and background briefing for your consideration ahead of the session.

Theme	Date	Time	Booking Link
Children & Young People	28 March 2022	10:00 – 12:00	Book Here
Children & Young People	31 March 2022	14:00 – 16:00	Book Here
Adults	29 March 2022	10:00 – 12:00	Book Here
Adults	5 April 2022	14:00 – 16:00	Book Here
Older Adults	28 March 2022	14:00 – 16:00	Book Here
Older Adults	4 April .2022	10:00 – 12:00	Book Here

If you have any questions please get in touch with us at:
contact@suicidepreventionengagement.scot