



**Professional  
Support Service**

The Social Work Professional  
Support Service

# Communication Pack



In partnership  
with



Supported by



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

# What's included in the pack



Communication guide



PowerPoint Presentation slides



Promotional video

Supporting you as you support others...

# Here to help...

The Social Work Professional Support service (SWPSS) is offering peer to peer support for social workers.

The service is designed by and for social workers. It is a safe space to work through and think about positive solutions to any challenges you are facing and make decisions about the next stage in your career.

You can access up to three one-to-one video or telephone sessions with a trained volunteer coach who understands the challenges faced by our social work community.



Supporting you as you support others...



# So what is it?



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A FREE peer coaching service

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A support service designed by and for social workers.

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Facilitated by experienced and trained social work coaches.

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Offering a confidential peer to peer listening space.

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Provides you with a safe and empathetic space to work through and think through any professional and/or personal challenges you may be facing.

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Supporting you as you support others...

# Who is it for?

ALL BASW members, whatever stage of your career, from students to senior managers.

You can connect with a coach who knows your area work specialism for example Children and Families, Senior Leadership, Adult Care, Mental health, etc

You can connect by region. In Scotland and Wales, it's open to all social workers.

**You can access up to 3 coaching sessions. . If you need to come back at a later date that's ok too.**

Supporting you as you support others...

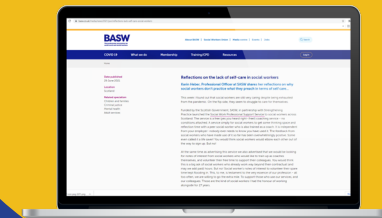
BASW was already recognising the pressures on the workforce with high levels of stress and job dissatisfaction in its **Working conditions and Wellbeing study 2018**



Initial findings from a BASW survey during COVID in January 2021 highlight that nearly 60% of social workers felt working during COVID had impacted negatively on their own mental health.



We know from this same study that only 12% of social workers had or were considering seeking advice or support. Karin Heber Professional Officer at SASW reflected on why this could be ..



The Social Work

Professional Support Service

# What are the benefits?

- It's free!
- It provides confidential peer support from experienced social workers who understand the challenges of the social work community
- Helps you to manage positive solutions
- Strengthens your self-care and wellbeing
- Opportunity for professional development

*" I would highly recommend this service to anyone who needs direction in their professional life. Sometimes we get stuck in our professional routines and fail to recognise our potential or change in our direction of work".*

*"These sessions have been transformational for me".*

*" My peer coach was very knowledgeable, understanding and empathetic which made me feel understood and listened too"*

Supporting you as you support others...

# What are you waiting for?



## Register for support

You can then choose a coach that best meets your needs, at a time that works for you. The sessions are delivered via Microsoft Teams or can be over the phone.



Visit...

[www.basw.co.uk/professional-support-service](http://www.basw.co.uk/professional-support-service)

Supporting you as you support others...



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The professional association for  
social work and social workers

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